

# explicit

CIT Students' Union Magazine  
Issue Six - Volume Six



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## CIT Students' Union

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## We Need You!

If you would like to contribute to explicit please contact Philip in the main SU office (C143) or email: [explicit@citsu.ie](mailto:explicit@citsu.ie)

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## explicit Editorial



Hey all,

Hope ye all have recovered from the balls, which I must say were a great success by all accounts. However, the fun doesn't end there as I am writing this I'm psyching myself up for what is promised to be the best Rag Week ever (where have you heard that before?). Seriously though it looks like it's going to be fairly savage with appearances from the brilliant J90, a Billy Connolly tribute and The Brayn Dead Freak Show and not to mention the all-important nighttime events like the Tramps Ball and the Uniform Party. A full timetable and event details can be found in the centre pages of this issue. Fair play to Mark and Tim for organising such a glittering array of events. Enjoy it but remember play nice.

### There are two important referenda facing the students of CIT on the 3rd of February:

1. To adopt the new constitution of the Students Union.
2. That we should remain unaffiliated to the USI

I would encourage all to vote yes for the latter, membership of USI costs at least €35,000 to join which if joined would be the end for college gigs and a lot of student services provided by the CITSU. It's just something to think about, but I myself cannot see any real benefits being gained by CIT students if we do decide to re-affiliate.

Before I sign off I would like to say a fond farewell to my friend and colleague, Jamie Meaney, who I will hopefully be joining in a couple of years as a member of an Garda Síochána. I would like to wish him the best of luck in his choice of career.

Until next month, if you can't be good, be careful.

Slán  
Steph



# YES!

## It's Referendum Time

*"...I would encourage you to vote for the new constitution. I believe it is fairer to all members and puts important safe guards on the president ..."*

The Executive of Cork Institute of Technology Students' Union has been authorised by the class representatives in Union Council to proceed with two referenda on Thursday 3rd February. The first referendum will ask students to vote on adopting or rejecting a new constitution for the Union. The second referendum is seeking clarification on whether the students of CIT should remain disaffiliated to the Union of Students in Ireland (USI). Each member of the Union Executive has been instructed to campaign for whichever motions they personally desire, but it is currently expected that each officer will promote a YES vote for each motion.

The current CITSU constitution, which came into effect in 1997, has been updated to place more restrictions on the Union officers, in regards to finance, and has replaced the Equality Officer with a Projects Officer. Several other minor changes have been made and students are encouraged to read the proposed constitution at the stands setup in the college or on the Union website.

CITSU President, James Maher, said, "I would encourage you to vote for the new constitution. I believe it is fairer to all members and puts important safe guards on the president and curbs his/her power slightly. This is a good thing as it makes it less likely that any president can abuse his/her power for personal gain. It also lowers the number of people needed to call certain meeting and makes it easier for ordinary students to say they are not happy with things and change the way the Union approaches issues."

The most controversial and contested referendum will be on the motion of USI affiliation. Students are being asked if CITSU should remain disaffiliated to the national student organisation. CITSU left USI in 1999, as it was believed that our members were not receiving value for their membership fees and that the organisation was not delivering adequate returns on their campaigns. Although limited contact was kept with the organisation each year since, no Union has decided to return.

In recent years, USI has been plagued with financial problems resulting in them increasing their membership fees by almost 78%. USI blame the September 11 ter-

rorist attacks for their losses as they had been heavily invested in the student travel company, USIT. It is currently estimated that it will cost the students of CIT almost €35,000 to rejoin the national organisation per year. This figure does not include any additional expenses for conferences, meeting, travel and accommodation that would be incurred by the Union officers.

CITSU President, James Maher, said, "I believe that we should not be a part of that organisation. I do understand the need for student activity at a national level but this group seems to me to fall far short of any acceptable representation. The cost in time and money alone for the students of CIT would be massive. Since we left the organisation we have managed to employ two extra staff and one extra fulltime officer, because we had the time and money to campaign for such things. A lot of the services we have now would not be in place if the burden placed by USI on CIT had not been lifted in 1999".

He added, "I believe rejoining would be a step backwards for CITSU. They need and will benefit far more from us joining them than we ever could from re-affiliating. We still get requests from other Unions who are members of USI for help and we assist them because they feel they are left out in the cold. CIT should not end up in the same position".

CITSU Vice President Education, Jamie Meaney, stated "I suggest that we stay out of the organisation. If you so wish to vote to go back in, just bear in mind the cost. The possibility of having to fork out about €35,000 will seriously diminish free gigs in CIT and the low cost service that the Students' Union offers to its members".

He added, "If I had enough time I could write reams about the cons of USI. I believe we can get on well without this umbrella organisation that is purely Dublin based (most marches and meetings take place in Dublin which future executives would have to attend which would further add to the cost of the initial €35,000) which I would have a concern about. If you want to stay out of USI, vote yes on February 3rd next".



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## Mickey Joe Harte to MC the National "IT FACTOR 2005" Song Contest

As part of the ongoing Capital Of Culture Celebrations, Cork Institute of Technology will host a unique event at the Rochestown Park Hotel, Cork, on Wednesday March 9th at 8pm. This is the place to be when students of the Institutes of Technology, from all over Ireland will come together to contest the National "IT FACTOR 2005" Song Contest.

The MC for the night is none other than Mickey Joe Harte. Mickey Joe will be joined by other famous names such as John Spillane, Gene Elliott of "You're A Star" fame and Paul Lenihan, lead singer with the 'Frank and

Walters' band, who have agreed to judge the contest on the night. Each of the contesting Institutes will run their own internal competitions, with the winners travelling to Cork for the March showdown. Contestants will be competing in two categories: Best Cover Song and Best Original Song, with runner up prizes in each category.

Come and join us and Mickey Joe Harte for what is guaranteed to be a wonderful night of music and fun. Tickets: €5.00 each. Proceeds going to victims of the Tsunami disaster.

**Telephone: (021) 4326778 for bookings.**



## Mumps Vaccine Available from Doctor

Cork Institute of Technology Medical Centre wishes to inform everyone that they have encountered a number of cases of Mumps in the College over the last few weeks. Those most at risk are aged between 17 and 25 years. These students would most likely have had one dose of the MMR vaccine at age 12. However, a second dose is needed to provide full cover.

Please note that students aged between 17 and 25 years can avail of the MMR vaccine in the Medical Centre free of charge. The Doctor will be giving the vaccine between 1.30pm and 3.00 pm Monday to Thursday. Anyone wishing to avail of this should contact the Medical Centre at 4326356 or 4326549.

**The Outpost Bar**  
At the Heart & Soul of Rag Week

[www.theoutpostbar.com](http://www.theoutpostbar.com)

## Rag Week 2005

**Sunday 6th Feb**  
RagWeek Kick Off

**Monday 7th Feb**  
Pat Fitz & Sean Live  
Party Games All Day

**Tuesday 8th Feb**  
Wild Mud Wrestling 7pm  
"BRING YOUR OLD RAGS"  
DJ Keith til Late  
Spot Prizes All Nite!

**Wednesday 9th Feb**  
Who Wants a Million Beers?  
Karaoke Party Nite  
Party Mayhem til Late

**Thursday 10th Feb**  
Pat Fitz & Jimmy G Live 8pm  
DJ Pat C 5pm - 8pm  
Party Madness All Night  
Prizes for BEST Costumes!

**THE Outpost**  
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Cork Institute of Technology Students' Union

# NOTICE OF REFERENDA

Thursday 3rd February 2005

## Referendum- motion I

THE PROPOSED NEW CONSTITUTION OF THE STUDENTS' UNION SHALL BE ADOPTED AND WILL REVOKE ALL PAST CONSTITUTIONS OF THE STUDENTS' UNION.

## Referendum - motion II

CORK INSTITUTE OF TECHNOLOGY STUDENTS' UNION SHOULD REMAIN UNAFFILIATED TO THE UNION OF STUDENTS IN IRELAND.

### Who can vote?

All members of the Students' Union as set down in article 3.1 of the constitution of the Students' Union are eligible to vote in the referenda:

#### "3.1 Full Membership:

All registered students of the college, whether full, part-time, day or block release or any combination of these shall be full and equal members of the Union on payment of the fee as specified by the Union annually." Extract from the Constitution

### What do I need to vote?

You need a valid college ID card or acceptable form of Identification to vote.

### How do I cast my vote?

You need to call to the polling station closest to you. Present your ID to the election officials who will give you two ballot forms, one per referendum motion. You can indicate your preference by placing a

tick in the box alongside your preference. The option will be YES or NO for each motion, for example:

- If you wish to adopt the new constitution, you would place a tick next to the Yes Box
- If you believe the Union should remain unaffiliated to USI, you would place a tick next to the Yes Box.

### How do I make up my mind?

In order to find out more information, to help you to decide which way you wish to vote, talk to the Union Officers and your Class Rep, read the information distributed around the college on the issues and listen to the debates which will take place on Wednesday 2nd February in the West Atrium of the Bishopstown Campus.

For any further information on the Referenda process, rules and electorate eligibility, please call into the Students' Union Office or go to the Students' Union Notice Boards.

Vicky O'Sullivan, Assistant Returning Officer

**VOTE YES or NO - FURTHER INFORMATION ON NOTICES & WWW.CITSU.IE**



## CIT Students' Union President

Well spring is in the air which means all the usual, Rag week, third years getting ready for placement, people counting the days till the Easter holidays. However, there are a number of things, which aren't usual. First can I mention Jamie is leavening us for what I'm sure will be a glittering career with the Gardaí. I would like to thank him for his participation in the Union both as a Communications Officer and as Education Officer. I can fully understand his decision, which was a difficult one to make. In the meantime can I ask your patience with the rest of the executive until a replacement is found or until arrangements are made to cover the extra workload. In the short term I will handle education queries and problems.

Also, new is the pair of referendums happening on the 3rd of February. I would firstly ask you all to vote. This is your Union and you should make your voice heard. Also I would encourage you to vote for the new constitution. I believe it is fairer to all members and puts important safe guards on the president and curbs his/her power slightly. This is a good thing as it makes it less likely that any president can abuse his/her power for personal gain. It also lowers the number of people needed to call certain meeting and makes it

easier for ordinary students to say they are not happy with things and change the way the Union approaches issues.

The second issues, that of joining the Union of Students of Ireland, is nearly as important. I believe that we should not be a part of that organisation. I do understand the need for student activity at a national level but this group seems to me to fall far short of any acceptable representation. The cost in time and money alone for the students of CIT would be massive. Since we left the organisation we have managed to employ two extra staff and one extra full-time officer, because we had the time and money to campaign for such things. A lot of the services we have now would not be in place if the burden placed by USI on CIT had not been lifted in 1999.

I believe rejoining would be a step backwards for CITSU. They need and will benefit far more from us joining them than we ever could from re-affiliating. We still get requests from other Unions who are members of USI for help and we assist them because they feel they are left out in the cold. CIT should not end up in the same position.

### VOTE YES to remain out of USI

*"...rejoining would be a step backwards for CITSU. They need and will benefit far more from us joining them than we ever could from re-affiliating..."*

*"...The possibility of having to fork out about 35,000 euro will seriously diminish free gigs in CIT and the low cost service that the Students' Union offers to its members..."*



## CIT Students' Union Vice President Education

This is the last time that I will grace this magazine as the Vice-President education for CIT Students' Union. As some of you know, most notable the class reps, I have been accepted for training in An Garda Síochána. I had tried to extend my deferral till the end of this academic year but unfortunately I was unsuccessful in doing that. So with the option of losing my complete application I had to take the offer up this time around. But don't worry the rest of the executive will be here to help you with whatever needs you have. So please, please call in if you have a problem - the lads cant help you with a situation if they haven't been informed about.

We have two big referendums upon us. The referendum on the adoption of the new constitution and on re-affiliating to USI. I want to leave the constitution matter open to you to decide yourselves but in the case of USI, I suggest that we stay out of the organisation. If you so wish to vote to go back in, just bear in mind the cost. The possibility of having to fork out about €35,000 will seriously diminish free gigs in CIT and the low cost service that the Students' Union offers to its members.

If I had enough time I could write reams about the cons of USI. I believe we can get on well without this umbrella organisation that is purely Dublin based (most marches and meetings take place in

Dublin which future executives would have to attend which would further add to the cost of the initial €35,000) which I would have a concern about. If you want to stay out of USI, vote yes on February 3rd next.

On the brighter side of things I hope you are all looking forward to Rag Week which starts on February 7th, I hope you have a "stormer" of a session and raise as much money for charity as possible. If there is one thing I am going to miss about CIT is the fun times had during RAG week, where students get to leave their hair down and have some great times while raising money for charity. I on the other hand will be in the process of getting accustomed to my surroundings in Templemore.

As I move off in to the sunset I want to say its great to be able to sit on the fence and moan about this and that but sometimes you have to try and get involved, there is strength in numbers, so whether its voting or a protest come out and show your support, its not that hard, only you can make a difference.

This is Jamie signing off for the last time. Goodbye!

## Would you like to get involved with our magazine explicit?

We are always looking for students to submit articles and photos for our magazine. If you are interested in submitting news, reviews, feature articles, photos, sport or societies info then please get in contact with us now!



Email: [info@explicit.ie](mailto:info@explicit.ie)  
Tel: 021 4933124  
Meet: SU Shop - C143

## Welfare Guide to: Chlamydia

### What is Chlamydia?

Chlamydia genital infections are caused by Chlamydia, a group of micro-organisms that cause infectious diseases. Chlamydia trachomatis is one of the main types of Chlamydia and causes various types of genital, eye and lymph node infections in men and women.

In men Chlamydia trachomatis can cause non-specific urethritis (inflammation of the urethra – the tube draining the bladder), which, if untreated, may lead to infertility.

In women, Chlamydia trachomatis infection can cause non-specific genital infection. If untreated, in the long term this can lead to ectopic pregnancy, pelvic inflammatory disease or salpingitis (inflammation of the fallopian tubes), which may cause infertility.

### How are Chlamydia infections passed on?

Chlamydia infections are usually passed on during vaginal, oral or anal sexual contact with a new partner. However, Chlamydia can occur in people who haven't had a new partner. This is because you may be unaware that you carry the bacteria that cause chlamydia until your partner develops signs of infection.

Infection can also be passed from mother to baby during birth, causing eye infections or pneumonia.

### What are the symptoms of chlamydial infection?

#### In women

- There may be no symptoms for some time, but you may notice:
- Unusual vaginal discharge.
- Bleeding between periods.
- Pain when passing water.

#### In men

- Again, there may be no symptoms, but you may notice:
- Slight white, cloudy discharge from the tip of the penis.
- Burning or uncomfortable feeling when urinating.

### What are the risk factors for chlamydial infection?

- Heterosexuality.
- Greater sexual activity.
- Co-infection with other STIs.

### How is chlamydial infection diagnosed?

Your doctor will carry out a pelvic examination and may order laboratory tests. Samples of discharge from the urethra or cervix in women, or an early morning urine specimen from men or women, can be tested

### How is chlamydial infection treated?

A course of antibiotics is used to treat chlamydial infection and is usually very successful. A one-dose antibiotic is now available. Discuss these options with your doctor. Treatment is also necessary for sexual partners to avoid re-infection.

### What can I do?

- Follow the full treatment prescribed and don't miss follow-up appointments if these are recommended by your doctor.
- Women should use sanitary pads rather than tampons while the infection is being treated.
- Tell your sexual partner(s) about the infection so that they can also be treated.
- Do not have sexual contact with anyone until tests show the infection has cleared.
- Always use condoms during intercourse.
- Ask your doctor for additional information if you are pregnant.



# DeansHall Cork Open Day & Evening

...at our Show Apartment at

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## CAREERS & COUNSELLING SERVICE



### Guidelines on how to: Practice Interview Questions

#### Questions About Yourself

1. Tell me about yourself
2. What are your short and long term goals?
3. What are your greatest strengths and weaknesses?
4. How would you describe yourself?
5. How would your friends describe you?
6. What are your hobbies and interests?
7. Describe your ideal job
8. Where do you see yourself five years from now?
9. Why should I give you this position?
10. What has been your greatest achievement to date?

#### Questions About Career

1. What motivates you?
2. How do you deal with conflict?
3. Why do you want to work with us? Do a course with us?
4. How do you deal with pressure?
5. What can you do for us that someone else can't? Why you?
6. Why did you decide to enter this field?
7. What do you know about this company? This college?
8. How do you deal with deadlines and priorities?
9. What qualities can you bring to this position? This course?
10. How do you deal with criticism?

#### Hypothetical Questions

These can be to do with any situation. They are a test of how you would deal with a problem should it arise. They are asked as a means of assessing your listening and reasoning skills – how well you are able to grasp a situation and your ability to propose a solution

#### General Interview Techniques

- Preparation
  1. Know yourself: Strengths/weaknesses - Aims/values  
Achievements/interests/skills
  2. Knowledge of course/organisation/institution
- Make sure you know the location of the interview – give yourself plenty of time to find it. Arrive early (20 minutes)
- Bring your CV with you. Look at it before you go in
- First impressions do last – dress neatly
- Firm handshake
- Relax, sit comfortably, communicate with your eyes and smile
- Answer questions clearly and concisely – include your own selling points appropriately
- Honesty is the best policy – do not lie. If you do not know the answer to a question say so
- Whatever your DREADED question is prepare an answer to it
- Listen carefully, if you do not understand a question ask them to clarify it
- Don't listen to the previous interviewee if you can help it. It could be very off-putting
- Know why you want a place on the course/position with the company
- When given the opportunity to ask questions it might be a good time to demonstrate what you know about the college/company
- Leave on a positive note, perhaps a summary of what you can offer as a participant on the course

#### Reminder:

To check the closing dates for Graduate Development Programmes and Graduate jobs log onto [www.gradireland.com](http://www.gradireland.com)

For postgraduate courses throughout Ireland log onto [www.postgradireland.com](http://www.postgradireland.com)

To find a list of courses in the UK undergraduate, postgraduate and distance learning log onto [www.educationuk.org](http://www.educationuk.org)

#### Note:

There is a lot of information available to take away from the Careers and Counselling Service including:

- UCAS forms
- CAO forms
- Hobson's Directory - graduate jobs in the UK
- Gradireland - graduate jobs in Ireland



# CIT's 5th Post-Graduate Forum

*"...So if you're a final year student wondering what to do after you graduate, maybe post-graduate research is for you. Maybe not. But why not find out?.."*

The image of old school "research" has always suffered from a bad marketing campaign ever since the days of Mary Shelly's "Frankenstein". This image is being constantly reinforced. Just look at the latest instalment from Pixar/Disney's "The Incredibles". The villain of the story is Syndrome, who starts of as a geeky superhero fan. However, his cleverness gets the better then him. Obviously in his spare time he completes a Ph.D. in Mechanical / Electrical Engineering. End results: A pint-sized version of Mr. Incredible only with Don King-like hair and an evil grin, Syndrome makes up for his lack of superpowers with an array of weapons and accessories he has invented. His gadgets are unique, insanely cool, and above all, extremely deadly.

So what does post-graduate research involve? And again contrary to popular belief, research is more than long coffee breaks with daft discussions on popular culture sprinkled with the latest sporting commentary. The term research has been used in so many contexts and with such a variety of meanings that it is difficult for most students to sort it all out. Much of what we have been taught about research is based on misconceptions. Advertisements proudly boast that research has revolutionized a product when in reality a marketing department has simply made a small change in the product designed to increase its appeal to consumers. At this stage I could pull out the definition of research from any number of sources but I won't. As always, actions speak louder than words. So instead I would like to invite you to the 5th Post-Graduate Forum on the 4th of May.

Since the initial conception of the Post-Graduate Research Forum, the Forum has increased in size and stature every year. The previous Forum involved forty-three post-graduate students representing ten departments within the Institute. Each post-graduate student gives a short presentation on his or her research. This year's Forum is expected to build on the success of previous years and continue in the development and growth of the Forum.

So if you're a final year student wondering what to do after you graduate, maybe post-graduate research is for you. Maybe not. But why not find out? You'll have a great opportunity to see the outcome of research and also to talk to post-graduate students about their research experience. You'll find more information at the Forum, about what research is, than any college handbook.

Further details regarding the Forum will be announced in the next issue of expliCIT.

Martin O'Riordan  
martinoriordan@cit.ie

## University of Limerick

Department of Manufacturing and Operations Engineering  
University of Limerick  
Limerick

Phone: 061-202900 Fax: 061-202913  
Webpage: <http://www.moe.ul.ie>



## Degree in Manufacturing Engineering (BEng.)

Accepting applicants from related certificate and ordinary level bachelor degree courses

Manufacturing Engineering (BEng.), which is an Honours Level 8 qualification fully accredited by the Institute of Engineers of Ireland, provides in-depth theoretical and practical expertise in areas such as automation design, operations management, process design and computer aided manufacturing. The degree also incorporates a nine-month period of cooperative education, which involves industrial placement of student engineers in employment relevant to the area. This programme of study produces professional highly trained engineers that are sought after by all manufacturing and related service companies.

The Bachelor of Engineering in Manufacturing Engineering has proven extremely popular with transferees from related certificate and diploma (now ordinary level bachelor degree) courses and these students have gone on to be some of the programme's most successful graduates. Depending on the level of qualification applicants can enter the 4-year programme in its second year or third year. For further information please contact the Manufacturing and Operations Department in the University of Limerick using the contact details above.

# Raise And Give - RAG Week 2005

## Monday 7th - Thursday 10th February

### Traffic Light Disco

Tuesday 8th February

RED - In Your Dreams, No Way Get Lost!  
YELLOW - How Good Are Your Chat-Up Lines?  
GREEN - Baby, I'm Ready to Go!



## REDZ

niteclub

### CIT School Disco

Tuesday 8th February 2005



Prizes for Best Dressed  
Naughty School Boy & Girl

Attention Knew for  
Bold Girls & Boys

Doors Open 10:30pm  
Bu Early Limited Tickets

Tu Shop For All  
The Sweetsies



### RagFest 2005

Thursday 10th Feb

FULL DETAILS  
ON PAGE 12



## Carey's Lane

## One Festival - Four Venues

Rag Week Kick Off Monday 7th Feb  
**J90 - Live on stage**  
West Atrium 1-2pm (FREE)



J-90 are now a five piece band with the introduction of a new and exciting member DJ 'Elboz' on decks and vocals and are performing a show not to be missed. Incorporating the huge popularity of the club scene and the ever-changing world of rock and pop, J-90 have become the band to break down the barriers for live Irish bands. J-90 play a wide variety of music from the old classics to the up to the minute chart hits covering bands like Linkin Park, Muse, Maroon 5, Blink 182 and Guns and Roses. They have started working on their own songs and are hoping to have their first single released by the end of the year. On stage, the whole band put on a huge visual display of high energy and the unexpected. The band is quickly being recognised around the country gathering a large and loyal fan base. At the moment they are setting the pace for live bands in Ireland.

Each member brings their own individual style to every song. They have been writing music to perfection for 3 years. They are now performing sell out shows, gigging 5 to seven nights a week all over Ireland in the major clubs and pubs. J-90 write powerful rock hip-hop songs with strong meaningful lyrics dealing with everyday life. They could also be held responsible for a lot of new trends in Ireland. If you think it would be difficult for an Irish act to fit into the American dominated world of meshed hip hop and metal, think again. J-90 will blow you away with their clever lyrics, awesome hooks and inspiring live performances. J-90 are a breath of fresh air in a music scene clustered with self-important singer songwriters and their guitars.

Sponsored by:  
Student Services Company (The Canteen)  
& CIT Chaplaincy

Tuesday 10th February

## The Brayn Dead Freakshow

West Atrium 1-2pm (FREE)



"The Brayn Dead Freakshow" promises to be an explosively entertaining show not for the faint hearted. The show is currently touring Ireland and is due to land in CIT on Tuesday 8th February. This show is not for the faint hearted and is currently Irelands only freakshow which comprises of over 70 different acts, each of which packs plenty of shock value.

With an enormous repertoire of skills, they are Irelands leading escapologists and circus sideshow performers.

They specialise in escapes and sideshow stunts and some of the skills performed by then include:

- \* Sword swallowing \*
- \* Stomach Pumping \*
- \* Human blockhead \*
- \* Bed of nails \*
- \* Glass Eating \*
- \* Regurgitation\*
- \* Human Pincushion \*
- \* Bed of broken glass \*
- \* Mental flossing \*
- \* Fire eating \*
- \* Pierced Weightlifting \*
- \* Straitjacket escapes \*
- \* Handcuff, chain and rope escapes \*
- \* Various circus skills \*

The Bryan Dean freakshow will be featured on the up coming series of 'Viva la Bam' and are currently in the process of ironing out a deal with Channel 5 regarding a magic expose show. They have performed shows all over the world including Ireland in venues as diverse as Leopardstown racecourse and the Temple bar music centre and have never failed to impress.

**Sponsored by:**

**Parchment Square Student Accommodation,  
& Bishopstown Bar** [www.parchmentsquarecork.com](http://www.parchmentsquarecork.com)

Wednesday 9th February

## Billy Connolly Tribute

West Atrium 1-2pm (FREE)



### The Big Yen Revisited, the Ultimate Billy Connolly Tribute Show.

Like the Big Yen himself, Clydebanks Gary Moir is a failed welder who is highly acclaimed but not for the faint hearted show is modelled on "Billy Connolly's hey-day".

Gary has been described as a dead ringer, but gives credit for that to his hairdresser or as Gary calls him "The Wig Yin".

Some of the show may be based on Connolly classics but Gary Moir is fast gathering a reputation in his own right, so don't expect a load of rehashed gags. Gary writes his own material and is not afraid to shout it out.

In the past Irish crooner Daniel O'Donnell was said to be distraught after being falsely branded a drug user by this controversial Scottish comedian. Squeaky-clean Donegal-born Daniel told close pals he was "totally" shocked at Gary Moir's act in which the comic launches a foul-mouthed tirade against him. He wrongly accused Daniel of taking drugs, using bad language and slagging off his fans.

"He can take a joke, but there is nothing funny about the songs Gary Moir sings. It's nothing more than filth", said a close friend to Daniel O'Donnell. However, Clyde-born Gary claims it is all a bit of fun and is proving popular with Irish audiences.

The unrepentant funny man outraged Daniel's fans in the past with one liners "If there are any Daniel O'Donnell fans in the audience then I would advise you to cover your ears, but then, obviously if you are a Daniel fan you haven't got any ears".

"I'm looking forward to coming to CIT, I have heard that the students down there are up for a good laugh." said Gary.

Gary Moir first college appearance will take place in CIT on Wed 9th Feb at 12.30pm, West Atrium. Although this is a free gig the students will be asked to put there hand in their pockets and donate to the charity funds.

**Sponsored by:**

**Eden Hall Student Accommodation** [www.edenhall.ie](http://www.edenhall.ie)  
& **CIT Societies Office** [www.citsocs.com](http://www.citsocs.com)

# Rag Fest 2005 incorporating CITSU Tramps Ball.

Carey Lane incorporating Club Renaissance, Coopers Bar, Mangans and the Newport Bar  
**One Festival Four Venues.**

## Thursday 10th February

Tickets available from CIT Students' Union Stand from Monday 7th February

**€10 Tickets - GET THEM EARLY!**  
**Limited to first 1150 students**  
**(You've been warned!)**



At this stage we all know Cork City is this year's European Capital of Culture. With no sign of a student festival in sight, CIT Rag Week Committee has taken it upon themselves to organise the best Rag Week festival ever to be seen.

Over the last few years we in the Students' Union have been looking for new ideas to keep the students of CIT entertained. Last September during Freshers Week we held the first official Student Festival in Cork City, **Freshers Fest** ©. That event sold out in 2 days. Due to the overwhelming success of the event and the outpour of requests for a similar event we have decided to hold Tramps Ball at the same location.

With the cooperation of An Garda Síochána, CIT Students' Union have been granted a license to hold **Rag Fest** © on Careys Lane. The lane is located just off Patrick Street. (Below HMV), where you will find 2 nightclubs accompanied by their respective bars.

Tramps Ball or as we would like to call it **Rag Fest** © will undoubtedly be the HIGHLIGHT of Rag WEEK. This there will be different colour tickets to gain entry to the different venues. Once students enter the lane they will have limited movement between the 2 clubs and 2 pubs. (The access to the various venues will be limited in order to comply with fire and safety regulations. At all times the Health & Safety of the students is a priority).

A myriad of entertainment styles are on offer to suit most needs including band, DJs and solos artists.

In Coopers Bar, Pat Fitz will rock the night away. Pat has created quiet a following from the students in CIT. If Pat doesn't know your requested song, then it isn't worth knowing. Upstairs in Club Renaissance J-90, Ireland's most popular live music rock band will rock the house down.

The Newport Bar will host DJ Trevor. If you were born in the 80's, then give this is the spot to be in. Trevor will be banging out all those old school classics. Mangans/Vibes nightclub will be the venue play host to main-stream pop and club hits, so get your dancing gear dusted off.

Buses will be provided after the event to take you back to Bishopstown. The buses will depart from the entrance to Careys Lane from 1.15am onwards.

Tickets go on sale from the Students' Union Stand located in the main corridor from 1.00pm – 2.00 pm on the Monday 7th February (Rag Week Monday) . Price €10. As always, please purchase early to avoid disappointment.

Please note that valid 18+ ID is required before you enter any of the college nightclubs. (Garda/Passport ID preferably)

**Here are a few tips to make your Rag Festival experience an enjoyable one.**

- PURCHASE YOUR TICKET FROM CITSU MAIN STUDENTS' UNION STAND IN THE CORRIDOR BETWEEN THE TWO ATRIA. PRICE €10 (LIMITED - BUY EARLY)
- GO TO THE GIG EARLY TO AVOID QUEUES ON THE NIGHT
- BRING YOUR NATIONAL AGE CARD OR YOUR PASSPORT.
- HAVE A GREAT NIGHT KNOWING YOUR ATTENDANCE HAS INCREASED THE MONEY RAISED FOR CHARITY.

## Thank You to the Sponsors of Rag Week 2005

**Bishopstown Bar**  
**AIB Bank (CIT)**  
**Parchment Square Apartments**  
**DeansHall Apartments**  
**Student Services Company (The Canteen)**

**CIT Chaplaincy**  
**Eden Hall Apartments**  
**CIT Societies Office**  
**CIT Sports Office**  
**Club Renaissance**



## Thursday 10th Feb: Adrian Knight - Master Hypnotist

Adrian Knight is a master Hypnotist, popular in the USA as well as his native Ireland. He combines a unique blend of outrageous humor and his witty, mischievous style of delivery make him one of the best in the business.

He is a "Hip" Hypnotist! Adrian travels world wide presenting the funniest audience - participation live comedy stage hypnosis in Ireland.

He performs at major venues around Ireland and the UK - festivals, fairs, corporate events and conventions. He performed at the world famous Mirage Hotel Las Vegas as part of his 2002/2003 Spring Tour.

The show opens with a mixture of mind reading and levitation in order to relax the audience before some of them become volunteers to take part. Using hypnotism as a gentle tool he takes his participants on a Vacation of the Mind: From exotic tropical islands to distant planets, to movie theatres, to Disneyland, back to their childhood and

into the future. Using anything from two to 15 volunteers, he demonstrates the fascinating power of the human mind and hypnosis.

He has appeared in Las Vegas and Atlantic City showrooms, on luxury liners, at prestigious resorts, state fairs, dinner theatres, and major night clubs and on national television.

He offers superb quality, value and showmanship in entertainment. Adrian has a unique talent and gift of magic and suggestion - a legacy he inherited from his forefathers. He is a master of his craft and has perfected the artistry of hypnosis with ten years in the business.

His captivating shows will leave you begging for more as his subjects' minds are given a license to perform. Come and see for yourself the magic of the mind in the west atrium on Thursday 10th Feb as one of the highlights of Rag Week.

West Atrium 1-2pm  
(FREE)

Kindly sponsored by AIB & Deans Hall Student Accommodation

[www.aib.ie](http://www.aib.ie) & [www.deanshallbishopstown.com](http://www.deanshallbishopstown.com)

**School Uniform Disco:**  
Club One Tuesday 8th February  
Doors Open 10.30pm



Relive all those school days of yester-years. We are well aware that some clubs actually promote theme nights and when you get to the venue there is little if any difference made to the club. Prepare to be blown away with CITSU & Club One's answer to the ultimate School Uniform Party.

This Rag Week, Tuesday night promises to be a very special night. If you have never been to a School uniform party, then you will be pleasantly surprised. The Venue "Club One" will be decorated and transformed into an "old boarding School". Sweet Shops, Detention Rooms and an Infirmary are some of the rooms that you will find at Club One on Tuesday 8th February.

If you have a younger brother or sister, we suggest you borrow/steal/bribe or if all fails buy a uniform for the occasion. There will be prizes for the best-

dressed school boy & girl. Anyone in before 12.00 am will get a note to see Nurse Boom Boom. (Please be nice to nurse Boom Boom as she is nearly 79 years old).

Our detention room is constructed to "The Mountjoy Prison" specifications. If you are misbehaving or if you don't do your homework, you will be brought to the detention centre. To get out of the detention centre you must get 3 gold stars, each star will be earned by performing little tricks. (We will keep you in suspense, but lets just say prepare to be spanked by King Cain).

As we are all aware a boarding school is not a boarding school unless you have a sweet shop. Our sweet shop will stock only the best products and we can assure you all that there will be something here for everyone's taste. Please say hello to the sweet shop owner called Little Mick.

Remember you have been warned, this SCHOOL UNIFORM PARTY IS NOT FOR THE FAINT HEARTED only for Naughty Boys and Girls.

# RagWeek 2005 Entertainment Summary

## Daytime Events

**Mon: 11.30am "Iron Man Stomach"**  
01.00pm "Live Music with J90"

**Tue: 11.30am "Party Mayhem"**  
01.00pm "The Bryan Dead Freak Show"

**Wed: 11.30am "Speed Dating in 45 seconds"**  
01.00pm "Billy Connolly Tribute"

**Thur: 11.30am "How Low can u go"**  
01.00pm "Hypnotist Adrian Knight"

Fun & Frolics with DJ Anthony Fleming every day Monday to Thursday 11.30am - 1.00pm.

## Night-time Events

**Tuesday 8th February:**  
School Uniform Disco @ Club One

**Wednesday 9th February:**  
Traffic Light Disco @ Redz

**Thursday 10th February (Venue 1):**  
Rag Fest @ Mardyke Entertainment Complex

**Thursday 10th February (Venue 2):**  
UV Party @ Club Renaissance.

Valid 18+ ID Essential at all night time events.  
Management of Venues Reserve Right of Admission

# Schemers & Mechanical Eng Soc Ball &



Ensigns Elizabeth Barrett, Skerries, Co Dublin;  
and Gillian Power, Castletownbere, Co Cork



Ruth Walsh and Stephen Finn at the Schemers  
& Mechanical Engineering Societies Ball



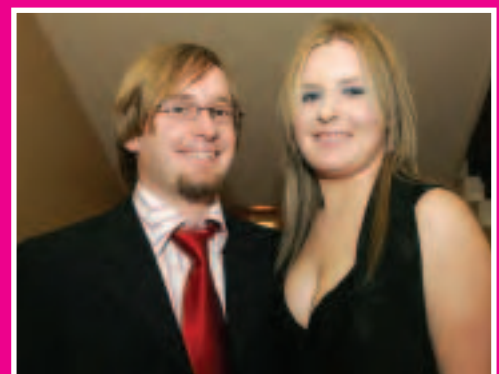
Anthony Hanrahan, Frances O'Brien, Catriona  
Walsh, and Shane Harrington, at the  
Schemers & Mechanical Engineering Socs Ball



Niamh & Tony Fitzpatrick, Head of School of  
Mechanical & Process Engineering



Anita Hurley, Paula Tobin, Claire McDonnell,  
Regina McCarthy, Paula Falvey and Elizabeth  
O'Donovan at Business Studies Soc Ball



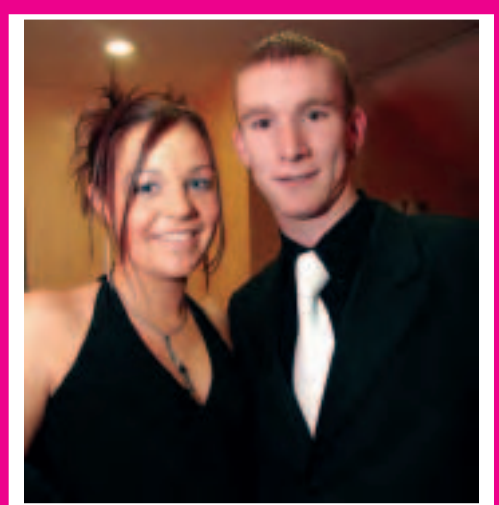
Cian O'Connor and Susan Scully at the  
Schemers & Mechanical Engineering Socs Ball



Laura Scully and Claudia Parkes at the  
Schemers & Mechanical Eng Societies Ball



Stephanie Stauss, Germany and Stephanie  
Creech, Cork at the Business Studies Soc Ball



Triona Murphy, Ballyphepane and Damien  
O'Donoghue, Mayfield at Business Soc Ball

# Business Studies & Accounting Soc Ball



Daniel O'Keefe, Newmarket, Catherine Kelly and Mark Moynihan, Mallow at Business Ball



Deirdre Coakley, Rosaleen Power, Sinead O'Callaghan and Michelle Lynch at Business Ball



Debbie Coomey, Emma Hartnett, Fiona Dwane, Cathy Houlihan, Amy Buckley and Catriona Duggann, at the Schemers & Mech Eng Soc Ball



Amy O'Sullivan, Elaine Bogue, Leona Erangey and Adele Murphy at Business Soc Ball



Claire Fitzgearld, Eoin McCarthy, Michelle Kelly, Anthony Sheehan and Caroline Wheldon at the Business Studies & Accounting Society Ball



Aoife O'Mahony, Ian Nevin, Holly Mulline, John Keenan and Kate O'Connor at Business Ball



Catriona Twohig, Millstreet and Joanne McCarthy, Lisgoold at Business Studies Soc Ball



Lisa Brennan, Monkstown and Rachel O'Mahony, Carrigaline at Business Soc Ball



Laura O'Brien and Carmel English, Co Tipperary at Business Studies & Accounting Society Ball

Pictures: Neil Danton & Donna Mills



**Business Studies, Accounting,  
Tourism & Catering Ball 2005**



**Business Studies, Accounting,  
Tourism & Catering Ball 2005**



**Business Studies, Accounting,  
Tourism & Catering Ball 2005**



**Claire McGuinness and Greg Ahern, Glanmire  
at the Business Studies Society Ball 2005**



**Emma Haughton, Wexford; and Elijah Cass,  
West Cork; at the Schemers & Mechanical  
Engineering Societies Ball 2005**



**Monica O'Connell, Adrian Nash, and Jeanelle  
Browne at the Schemers & Mechanical  
Engineering Societies Ball 2005**



**Susan Casey, Bishopstown; Derek Murphy,  
Kilmurray; and Orla Daly, Riverstick; at the  
Schemers & Mechanical Engineering Society Ball**



**Aislinn Smith, Tracey Byrne, Stephen Dennehy,  
Stacey Fitzgearld and Audrey O'Meara at  
Business Studies & Accounting Society Ball**



**William Swheehy, Carrignavar, Mary O'Leary,  
Glenville, Carmel Lynch and Jamie Carroll,  
Glanmire at the Schemers & Mech Eng Ball**



# Rochestown Park Hotel

## **CIT's Number 1 Ball Venue of 2005**

**19th Jan  
20th Jan  
2nd Feb**

**Schemers & Mechanical Engineering Ball  
Business Studies, Accounting & Catering and Tourism Ball  
Masquerade Ball - including the following Balls - Pick n Mix  
Computers & Chemical Engineering, Elec Trix & Tronix Ball**

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# J1 2005



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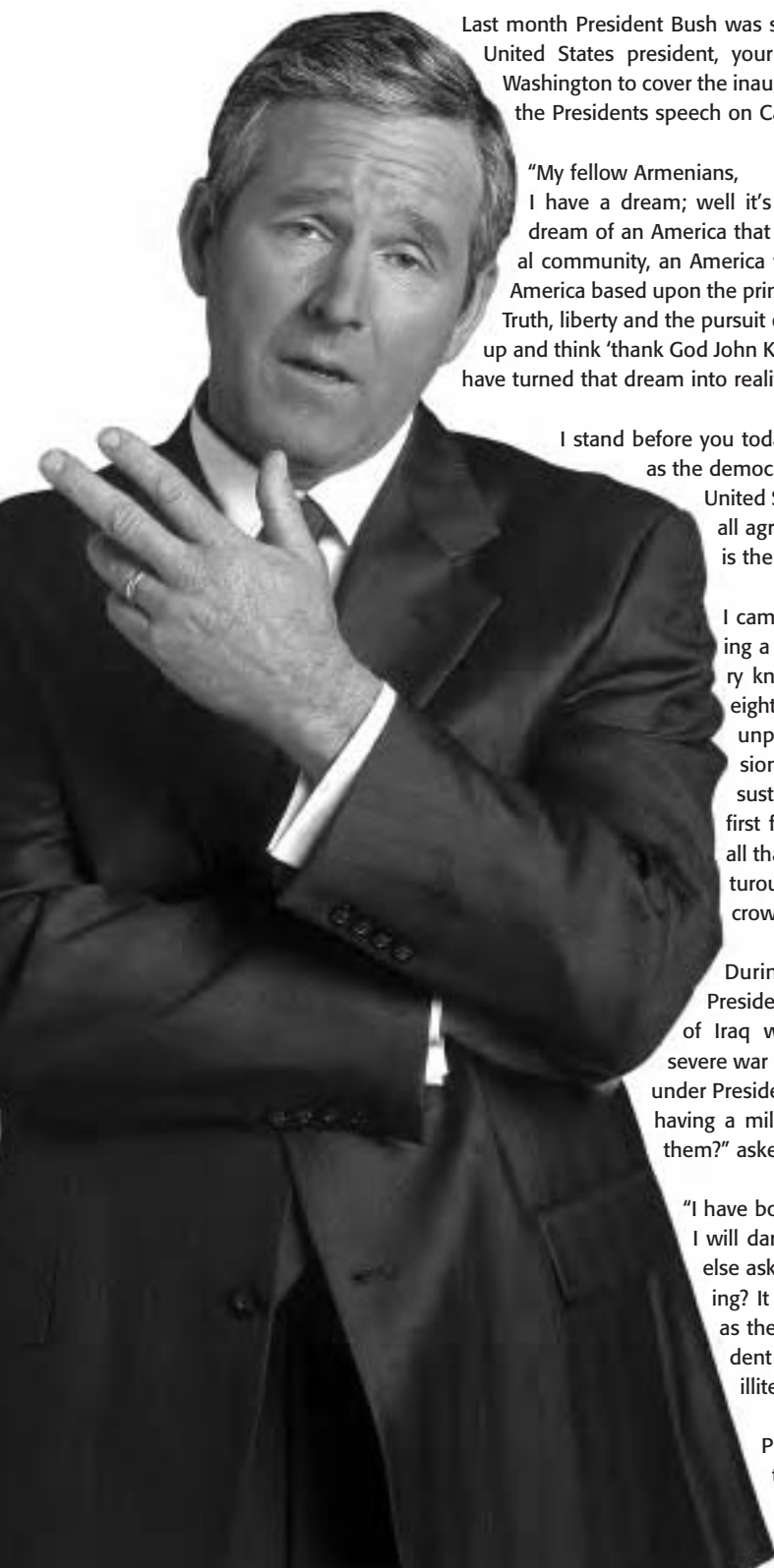
GLOBAL MAYHEM AHEAD

# WARNING - FOUR MORE YEARS OF GEORGE W BUSH



DEFENDER OF "LIBERTY" - PROTECTOR OF THE "FREE" WORLD

BRAIN NOT INCLUDED



Last month President Bush was sworn in for his second term as United States president, your intrepid reporter ventured to Washington to cover the inauguration ceremony, starting with the Presidents speech on Capitol Hill.

"My fellow Armenians,  
I have a dream; well it's more of a nightmare really. A dream of an America that lives in harmony with the global community, an America with sane fiscal policies and an America based upon the principles of our 'Founding Fathers': Truth, liberty and the pursuit of happiness. Fortunately I wake up and think 'thank God John Kerry wasn't elected' he may well have turned that dream into reality.

I stand before you today for the second time, the first as the democratically elected president of the United States of America. I think we can all agree that the past is over and this is the dawn of a new error.

I came to power four years ago ending a dark chapter in American history known as 'the Clinton era', those eight years were characterised by unprecedented economic expansion, a sharp decrease in crime and sustained peace overseas. Well my first four years have put and end to all that" said President Bush to a rapturous response from the partisan crowd.

During the forty minute speech President Bush stated that the invasion of Iraq was a direct response to "the severe war drought that plagued the nation under President Clinton." "What's the point in having a military if you're not going to use them?" asked President Bush.

"I have bold plans for the next four years. I will dare to ask questions that no one else asks, such as: Is our children learning? It is my hope to be remembered as the education president, the president who helped to create a more illiterate country."

President Bush also spoke about the continuing 'War on Terror' and his plans to prevent an

attack on American home soil. "We'll build a huge missile defence thingy so that terriers and rogue nations will never hold us hostile." "We face an unconventional enemy" said the president, "when I was growing up, during the Cold War, it was a dangerous time but you knew exactly who they [the enemy] were. It was us versus them, and it was clear who them was. Today we are not so sure who them is but we know them is there."

The President thanked those who voted him in for a second term: "I'm grateful to America's backwards hicks, doting elderly and religious zealots; we have an understanding them and me. They keep me rich and in power and in return I keep them poor and underprivileged. So no matter what the naysayers say the system works."

President Bush concluded his speech on what he believed to be a conciliatory note as he called for both sides of a bitterly divided nation to unite behind him: "We as a people must stand united, joining together to tear this nation in two." President Bush added that the polarising policies of his first term did not go far enough: "Much work lies ahead of us. The gap between rich and poor may be wide, but there's much widening left to do. We must squander our nation's fortune on tax breaks for the richest 15 percent." On foreign matters the President stated that "America will continue to meet its globular responsibilities." Moreover he asserted that "America must find a new enemy and defeat it."

"I know you would rather be watching TV and so would I so I'll stop talking now. Thank you and God help America."

At a press conference after the inauguration ceremony President Bush was asked what his number one priority for his second term was, at first startled President Bush eventually responded "to keep away from Dick Cheney, I don't want to catch heart disease."

The president also strongly defended his first term economic policies despite the fact that the United States is now grappling with huge and unending trade and budget deficits. Asked how he was going to deal with the economic crisis President Bush responded "I'm sure something will pop into my head." Wall Street responded swiftly to President Bush's speech, the Dow Jones closing at an 18 month low.

Conservative radio host Rush Limbaugh praised the President's speech and said he was looking forward to another four years of "mounting debt, jingoism, nuclear paranoia, mass deficient and a massive military build-up."

Well boys and girls there you have it, the Bush era has arrived, four more wars...I mean years, wake me in 2008, if there's anyone left alive.

**Colum Cronin**



## Around the World in 365 Days (or so)... part II

The first stop on our trip was LA, after a snowy Christmas day the weather improved and we set off on December 28th. Our thoughts of sunny, warm weather dissipated as we stepped off the plane and experienced the first flood in LA for four years! For the five days we spent in LA, thunderstorms and flooding were the norm and instead of t-shirts and shorts, fleeces and jeans were a necessity. This, however, did not dampen our spirits as we trudged around LA doing the tourist stuff. Tinsel Town, as you would imagine, should be vibrant, bright and have a touch of class but this is not quite what we experienced. Most of the area around Hollywood was run down and the streets housed a lot of homeless. Nevertheless the theatres were magnificent and you couldn't go more than a few feet before you came across one.

There was also loads to do as a tourist, bus routes designed to show the stars houses, plenty of amusement parks all with a Hollywood theme and of course the famous Hollywood sign high in the hills above Hollywood Boulevard. The rain we brought with us from Ireland cleared the smog around LA and allowed us see the sign, which most tourists miss out on.

To anyone planning a visit LA be warned, the city is huge with many different districts. It would take months to properly explore it all. Some of the main tourist attractions include Hollywood of course, Venice beach, Sea World. Hollywood is located in the north of the city and is very large in itself, bus tours of varying lengths are available to anyone from \$12-\$50. Taking a tour shows you what attractions are available and their locations for future exploration. Venice beach is located at the south of the city, 30 miles from Hollywood where hundreds of stalls, shops and cafes are located. Our hostel on Hollywood Boulevard led us directly onto the Hollywood Walk of Fame with stars representing everyone from Woody Woodpecker to Charlie Chaplin.

One stop away on the Subway led us to Universal City, where Universal Studios and Theme Parks are based. We wandered about hoping to get plucked from the crowd and offered a headlining role in the next Hollywood blockbuster, but alas it was not to be. Instead we had to settle for lunch in the Hard Rock Cafe which was an experience, the staff were a little too happy and enthusiastic for our liking, "Are you ready to rock and roll", and all that!

That just about brings us to the end of our stay in LA, as we board the plane and head for a sun soaked holiday in Fiji, we hope!  
**Mairead, Donna & Ken**



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# CIT Mountaineering Club



The CIT Mountaineering Club is one of the oldest and most active clubs in CIT. The club organise regular trips to the mountains, covering most of the mountains of Munster at some stage during the year. This provides a great opportunity to see some of the most beautiful parts of the country, while getting fit and enjoying yourself!

After a slow start, the club have already gone on three trips this year. On our first day out, a group of twenty-two people enjoyed a very pleasant walk in the Knockmealdown mountains, in North Waterford. This was quite a short walk to being with, and most of the group walked for about four hours, stopping at the highest point of the range for lunch and to take in the view. After a stop in Lismore, we returned to Cork where everyone went home, tired but happy.

The second trip was to Purple Mountain, at the edge of the Reeks, near Killarney in Kerry. Eighteen people enjoyed a more challenging walk, with quite spectacular views down to Killarney and over the Reeks. A small group completed a shorter walk, while the main group carried on over Purple Mountain to the Gap Of Dunloe and then back through the valley to a well-deserved drink in Kate Kearney's cottage, before heading back to Cork. The main walk took about six hours to complete.

The third trip took in a horseshoe route including

Beenkeeragh, Carrauntoohil and Caher - the three highest peaks in the country. Although more technically challenging, this proved to be a very rewarding walk. Killarney was the venue for a post-walk drink and some refreshments.

For anyone interested in walking with the club, trips are organised more or less every two weeks, on Sundays. Posters will be up around college for the week beforehand. We normally leave from the number 5 bus stop outside CIT at 8:00am, as the day can be quite long and it is important to be down while it is still bright. You will need a pair of walking boots or strong shoes - runners will not do as they do not have enough grip and do not provide any ankle support. Jeans are also not recommended. A waterproof jacket and enough food and water for the day are the only other requirements. We normally collect 6 from everybody to help cover some of the cost of the bus, which is still very good value for a day long trip. You should bring a change of clothes and shoes since there is a very good chance you will get wet during the day - these can be left on the bus during the walk.

The club is always looking for new members, so hopefully we will see a few new faces in the new year! For more information or if you have any questions, email [citmc@hotmail.com](mailto:citmc@hotmail.com), and for announcements about the walks join our online mailing list at: <http://groups.yahoo.com/group/citmc/>



**i'm lovin' it™**

# NOW HIRING

**We are currently accepting applications for full-time and part-time employees for our new restaurant in Mahon Point, opening February 2005.**

**CALL AMY AT 087 904 7402**



Pics: Shane O'Brien

Well I am sure ye have heard this enough but a new year has begun so new beginnings and all that. Since our last article we have had many "going's on" in the society so I will begin with a run down of the bands that have played our showcases since then. On the 3rd of November we saw Alan Tobin (a previous print media student) play an exceptional set followed by 'Kudos' a very notable band who's first album will be released soon. Although a quiet night in terms of crowds, a night of superb musical talent was enjoyed by all.

An event in the Cruscín Lán on the 11th of November, in association with Arts fest, gave people a chance to sit and enjoy a gig of singer/songwriters. This type of event, in my time, has never been tried by our society, but proved to be accepted and enjoyed by all in attendance. Acts on the night were The Vennels, Karl Glass, David Nelligan and David O'Donoghue.

A final showcase before those unwanted Christmas exams began, was held on the 25th November. An experimental line-up, is the only way I can describe it, was on the bill for the audience. First-timer to the stage, singer/songwriter David Galavan, left nothing but good impressions. 'Serum', who are also fairly fresh to the Cork scene, followed with their thrash-metal and are showing some true potential. Finally and very much anticipated was 'Carnun Rising', formally know as 'Renewal', played a blistering set of their dark metal style. For me, and I am sure for a lot of others will agree, these guys truly know how to raise the roof.

As a change of pace from music, our society felt the need to take on the final year mechanical engineering students in an 11-aside soccer on the 26th November. To cut the story short we lost. 5-3 was the final score but it was a great attempt from our

# CIT Music Society

*"...The two most notable events, that are coming soon, are the CIT Battle of the Bands which will take place in Nancy Spains and the release of the CIT compilation CD. Both these projects will go hand and hand with each other..."*

society. When the score was at a bleak 4-0, we came back to score three goals of our own. Great game.

Enough with the past, time for the future plans. The two most notable events, that are coming soon, are the CIT Battle of the Bands which will take place in Nancy Spains and the release of the CIT compilation CD. Both these projects will go hand and hand with each other. The Battle of the Bands will start on the 10th February. In total there will be four heats and one winner from each heat. This will then lead to a final round where a winner and a runner-up will be selected. The other dates to watch out for are the 24th February, 3rd March, 10th March and the finally the 15th March. Be sure to watch out for posters and the What's On for further details. Show your support to the bands and remember these events are free to all. The prize for the winners has yet to be decided upon.

The CIT compilation CD will be released at the first heat of Battle of the Bands and will be sold at all heats and showcases and in the college too. This CD showcases seventeen CIT bands and is a fantastic blend of great music from our college. All profits made will go to charity.

Finally, on behalf of the Music Society, our sincere thoughts go to everyone that was affected by the murder of Dimebag Darrell whilst playing on stage with band 'Damage Plan' who was also the former guitarist of 'Pantera'. A great loss to music.

Cheerz  
Shane

C.I.T. Music Society Presents

## Battle of the Bands

1ST HEAT:

10th FEB 2005

MY REMORSE  
JOHNNY AMBITION AND THE WASTERS  
LUNAR SYMPHONY

2nd HEAT

24th FEB 2005

HOULIN BOI  
ISINGLAS  
VIOLENT JACK

3rd HEAT

3rd MARCH 2005

TREES WITH CHAINSAWS  
FLATLINE  
RACING FOR PINKS  
THE VITAL SPARK

4th HEAT

10th MARCH 2005

KUDOS  
7.10  
Mrs. CAT  
SERUM

**Nancy Spains**  
Barrack Street, Cork

**FINAL 15th MARCH**

DOORS FOR ALL EVENTS 8.30pm ADMISSION FREE  
CIT COMPILATION CD ON SALE AT ALL EVENTS

# Kim's Cookery Corner



This month's recipe: Columbina Chicken

Serves 3-4

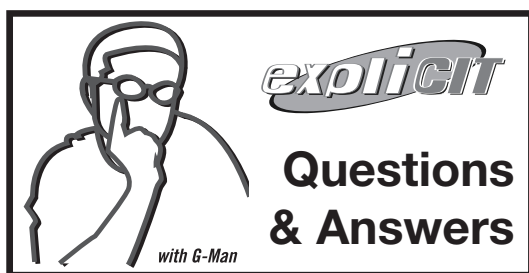
- |  |  |
|--|--|
| 4 Chicken thighs, skinned                                    | [Tesco chicken thighs 4 pk €1.99]        |
| 2 tbsp. Seasoned flour                                       |  |
| 1-2 tbsp. pure vegetable oil                                 | [Tesco pure vegetable oil 1 litre €0.58] |
| 1 green pepper, diced  | [loose peppers €1.00]                    |
| 2 onions, peeled & quartered                                 | [loose onions €0.32]                     |
| 1 can of chick peas, drained                                 | [Batchelors chick peas 225g €0.52]       |
| 150g of mushrooms diced                                      | [baby button mushrooms €1.26]            |
| 150ml of water   |  |
| Optional: 1/2 tsp. mixed herbs and a little hot chilli sauce |  |

**Method:**

Put the flour, seasoned with salt, pepper and the herbs if used, into a paper or plastic bag. Add the chicken and shake the bag until the chicken pieces are well coated. Heat the oil in a heavy based saucepan, shake any surplus flour off the chicken and brown, turning them frequently so that they colour evenly.

Add all the other ingredients except the peas. Bring to boiling point, cover and simmer gently until the chicken is almost tender, about 35 minutes. Check the pan from time to time and add a little water if the liquid has reduced too much – the vegetables could stick and burn.

Stir in the peas and cook for 10 minutes more. Serve with mashed potatoes or rice.



Belated Happy New Year CIT and my deepest apologies for my absence to date, life has presented me with additional commitments and I suppose a touch of the "Procrastinators Unite! Tomorrow" syndrome applies to my leave of absence to date, but I assure

**G-man why do coke bottles always have five lumps on the bottom?**

Very interesting question but put quite simply it's a balance thing. If you had a bottle with four lumps and if you hit it, it would tend to wobble as it tried to return to resting on all four lumps and would likely topple over due to the top-heavy nature of the bottle. A five-lump design is much more stable and is more liken to contain the wobble without toppling. That is also the reason that most rolling office chairs have five legs these days instead of four.

**G-man how can I pretend to be sensitive to women?**

Haven't you accessed your data files on that topic yet? I don't know what your problem is, but you had better get your act together. The best way to be sensitive is to activate your pain receptors. This way your reaction will be more genuine, therefore, when in a situation that you have to appear to be sensitive, pinch yourself and hey presto you give women the response they want.

you my loyal readers all for justifiable reasons.

Today you are witnessing my return, the return of G-man in all his glory, well until the end of this academic year and of course further negotiations with CITSU will be needed then.

My new year's resolution is to get back to answering your questions so remember you can e-mail me askgman@explicit.ie with all your questions, until next month readers enjoy and keep asking!

Read G-man's special next month:

Bizarre facts about this world.



## explicit Word Search

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CIT Societies Office

- ragweek
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PRIZE THIS MONTH!! : €30

NAME: .....

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COMPETITION CLOSSES 5PM 28th FEBRUARY 2005.  
PLEASE RETURN TO STUDENTS' UNION MAIN OFFICE (C143)  
ALL ENTRANTS MUST BE CIT STUDENTS &  
ENTRIES MUST BE ON OFFICIAL FORM.

GOOD LUCK!  
Last Months Winner: Jack Revins  
Catering & Tourism



**Starts  
March 2005 in  
Cork Opera House**

## Fame - The Musical Debuts in March at Cork Opera House

The first week of March will see engineers, business students, musicians, artists, staff members, apprentices, and representatives of every facet of College life all pulling together to produce CIT's Opera House run of FAME –THE MUSICAL.

This ambitious project is part of CIT's commitment to Cork 2005 City of Culture and represents a significant investment of resources by the Institute in the talent and production skills to be found on the four campuses: Bishopstown, Cork School of Music, Crawford College of Art and Design, and the National Maritime College. The organising committee, is headed up by Emeritus Director Dr Pat Kelleher and includes volunteer representatives of both staff and students.

FAME – THE MUSICAL follows the fortunes of the class of 1984 at the High School of Performing Arts in New York, their quest to develop their performing talents and the ups and downs of everyday school life.

A high energy rock/pop score, amazing dance sequences and hilarious comedy sketches provide over two-hours of highly entertaining theatre. Our young cast is of the highest quality, professional in all but name, and are joined by guest professional from New York Neil Totton to play the part of Tyrone.

Discount vouchers for CIT students are available from student services and booking may be made through the Cork Opera House booking office at 021-4270055. visit [www.fame.cit.ie](http://www.fame.cit.ie) for up-to-date information.



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Speed Dating in 60 sec  
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UV Party  
Wear white on the night

**Wednesday 9th February**

Kandy Leprechaun  
County Colours  
Trad 1st & 2nd floor

**Thursday 10th February**

Pre Tramps Ball  
Prizes for best dressed costumes

**Tuesday 8th February**

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